

## Carefirst Participating Providers

1. Log onto [www.carefirst.com](http://www.carefirst.com)
2. At the top of the page – click on tab **“Find Provider”**  
Under this tab there will be 3 options:  
“Provider Directory” – “Selecting Your Provider” – “Research Doctor or Hospital”
3. Choose “Search Providers” under the “Provider Directory” option
4. After page opens, you will see a box under Search Providers, click on **“Find a Provider”**
5. When page opens there were be 4 options, click on **“CareFirst Network Leasing Member”**
6. When this page opens chose Provider Type, zip or city and choose the distance.  
**\*\*REMEMBER Do Not refer to this listing for Behavioral Health, Dental or Vision Providers. Call the Fund office directly at 1-800-228-7484.**
7. After choosing your selection – click on search.
8. On the next page, you can refine your search. Here you can enter the distance you are willing to travel and/or gender preference, and then print your results.

If you are not comfortable with using a computer or do not have one available to you, you may call **1-800-235-5160**, for someone to help you locate Carefirst participating providers.